

CAMP MEROCKDIM 2023

Available Daily: bread, pasta, tuna, egg salad, butter and cream cheese on dairy days, apple juice, water

Nut and Sesame Free

	6/27 PIZZA DAY	6/28 EGGPLANT PARMESAN TOMATO SALAD FRESH FRUIT	6/29 MARINARA PASTA CHEESE KUGEL SQUASH SOUP PEACH COMPOTE	6/30 BAGELS/SPREADS BEAN SOUP POTATO KUGEL
7/3 CHEESE BLINTZES VEGETABLE SOUP CORN FRESH FRUIT	7/4 NO CAMP	7/5 CHOLENT KISHKA- pareve SOUR PICKLES FRESH FRUIT	7/6 BAKED ZITI CARROTS PEACH COMPOTE	7/7 PIZZA DAY
7/10 HERO SANDWICHES- fleishigs BEAN SOUP POTATO KUGEL	7/11 PIZZA POCKETS SALAD APPLE SAUCE	7/12 EGGPLANT PARMESAN TOMATO SALAD FRESH FRUIT	7/13 MARINARA PASTA CHEESE KUGEL SQUASH SOUP PEACH COMPOTE	7/14 PIZZA DAY
7/17 CHEESE BLINTZES VEGETABLE SOUP CORN FRESH FRUIT	7/18 FISH STICKS MASHED POTATOES APPLE SAUCE	7/19 CHOLENT KISHKA- pareve SOUR PICKLES FRESH FRUIT	7/20 BAKED ZITI CARROTS PEACH COMPOTE	7/21 PIZZA DAY
7/24 PANCAKES ROASTED POTATOES APPLE SAUCE	7/25 PIZZA POCKETS SALAD APPLE SAUCE	7/26 EGGPLANT PARMESAN TOMATO SALAD FRESH FRUIT	7/27 NO CAMP	7/28 PIZZA DAY
7/31 CHEESE BLINTZES VEGETABLE SOUP CORN FRESH FRUIT	8/1 FISH STICKS MASHED POTATOES APPLE SAUCE	8/2 CHOLENT KISHKA- pareve SOUR PICKLES FRESH FRUIT	8/3 BAKED ZITI CARROTS PEACH COMPOTE	8/4 PIZZA DAY
8/7 HERO SANDWICHES- fleishigs BEAN SOUP POTATO KUGEL	8/8 PIZZA POCKETS SALAD APPLE SAUCE	8/9 EGGPLANT PARMESAN TOMATO SALAD FRESH FRUIT	8/10 MARINARA PASTA CHEESE KUGEL SQUASH SOUP PEACH COMPOTE	8/11 PIZZA DAY
8/14 CHEESE BLINTZES VEGETABLE SOUP CORN FRESH FRUIT	8/15 FISH STICKS MASHED POTATOES APPLE SAUCE	8/16 GRAND BBQ- fleishigs	8/17 PIZZA DAY	